



SOUTHEAST MARTIAL ARTS CONFERENCE - 2024

SATURDAY, FEBRUARY 17, 9:30AM – 6:00PM
CONFERENCE FEE: \$30

NORTH FLORIDA REGION
CYPRESS DOJO
UNIVERSITY OF FLORIDA
STUDENT REC AND FITNESS CENTER - 244 FLETCHER DR, GAINESVILLE, FL 32603

NOTE: Classes are open to all ranks, however rank guidelines are provided for each class.

9:30-9:50 AM		Bow In/Warmup				
SESSION #1	Kids Classes	White+	Green+	Brown+	Black+	
10:00-11:20AM	Option 1	TAP into Soft Style [Techniques, Applications, and Principles] Master Kirk Farber	Effortless Power for Soft Style Escapes Master Didi Goodman	Sumi Gaeshi, Juji Nage, and Shiho Nage, Oh My! Sensei Megan Boeff	Tiger Form Sensei Georgia Klingensmith	
	Option 2					Pinan 5 Senseis Michael Hornback and Joe Shacter
SESSION #2						
11:30-12:50PM	Kids Classes	White+	Green+	Brown+	Black+	
		Option 1	Escape Room (Escapes and Counters) Sensei Trevor Bonnell	Knife Self-Defense Master Donald Williams	Bo 2 Sensei Mark Lake	Spear Form Master Jessica Ngo and Sensei Mark Brandenburg
		Option 2	15 Stick Releases Sensei Estela Atalay	Finding the Hard in the Soft and the Soft in the Hard Senseis Bert Miller	Nhu 1 Master Kirk Farber	Monkey Form Sensei M-J White
Option 3	Tricks for Better Kicks Sensei Raphael Bichier	The LMNOP's of Applications Sensei Gordon Eilen	Applications to Multiple Attackers Sensei Keith Morin	Teaching Cuong Nhu Throws and Falls Grandmaster John Burns and Master Didi Goodman		
12:50-1:50 PM Lunch						
SESSION #3						
2:00 – 3:20PM	Kids Classes	White+	Green+	Brown+	Black+	
		Option 1	Kicking from the Ground with Applications Master Elizabeth Roman, Master Robert First and Sensei Howard Feldman	Judo Setups, Throws, and Pins Sensei Will Davis	Bo 3 Sensei Quentin Humeau	Nhu 2 Sensei Gordon Eilen
Option 2	Foundational Footwork for Throws & Self-Defense Grandmaster John Burns	Bo 1 Master Jessica Ngo	Dynamic Self-Defense Combos Senseis Mark Brandenburg and Kaylyn Kraus	Double Tambo 1 Sensei Deanna Bonnell		
SESSION #4						
3:30 – 4:50PM	Kids Classes	White+	Green+	Brown+	Black+	
		Option 1	Adult Nunchaku Sensei Gerry Goradesky	Tambo 1 Sensei Jacob Perrone	Padded Bo Sparring Sensei Mark Brandenburg	Candidate Evaluation Master Jessica Ngo, Sensei Gordon Eilen, and other Masters
		Option 2	Intro to Capoeira Sensei Demetrius Harris	Tension Form Senseis Tom Pham and Cameron Adelsperger	Empi Sensei Margaret Sagarin	Tambo 2 Sensei Megan Boeff
Option 3	All Ranks - Sparring Drills, Sparring Strategy and Free Sparring Master Donald Williams					
5:00 – 5:30PM	Point Sparring					
5:45PM	Bowout					